



SPRING 2020

ho'oli'oli

...to make comfortable

- Comfort and dignity for the seriously ill
- Assistance and peace of mind for their families
- Enhanced quality of life when time is limited



HOSPICE MAUI

'Ohana

Trusted by Physicians and Families on Maui for Nearly 40 Years

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Rev. Terrence Watanabe



Rev. Terrence Watanabe

As a Roman Catholic priest and Pastor of St. Theresa Church in Kihei, I have always been impressed with the care and support that Hospice Maui offers to people on their journey. They helped our family by taking such good care of my mom when she died of cancer in 2007. As a person who is

called to the bedside of many who are dying, it is always a major comfort to know that Hospice Maui's nurses and caregivers are also at the bedside of patients and families.

One of my favorite passages in scripture is from John 10:10 and Jesus says, "I came that they might have life and have it to the full." One of the major principles of Hospice Maui is that they are helping people to live their best life in the final moments, no matter how long or short that might be.

I am very honored and privileged to be a part of Hospice Maui which helps people to live their fullest life. For me, the moment of death is when heaven and earth kiss. I and Hospice Maui are blessed to be a part of this miracle. I am so grateful to serve along with my fellow Board Members, the Staff, and the Volunteers of Hospice Maui who are committed and dedicated to the miracle of living and celebrating life in all its forms. These are people who truly understand the preciousness and gift of life.

Rev. Terrence Watanabe

BOARD OF DIRECTORS

Board of
Directors

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Greg and Nancy Saunders

“We believe that our on-going, periodic, large donations of money to Hospice Maui will help to further develop the capital structure of Hospice Maui, so as to greatly increase the organization’s capabilities to serve a growing population on the island. Maui No Ka Oi!”

Our wish list

includes program support and items that we would love to have, but don’t have the financial means to purchase.

Here is a selection:

Patient and Family Support

- A gift toward Hospice Maui Kokua Fund for families needing extra caregiving service or Hale room and board costs for patients without the ability to pay
- \$500 toward the Funeral Support Fund of \$7,500 for assistance with cremation expenses

Staff Support

- \$8,600 Donation toward Professional Development Fund for hospice staff education **THANK YOU! – RECEIVED \$10,000 towards \$18,600 goal**

Campus Improvements

- \$44,400 Care Coordination Center Expansion addition to the existing building **THANK YOU! - RECEIVED \$10,000 towards the goal of \$55,400**

Please take a look at HospiceMaui.org for the complete list and see if there is something you would like to contribute. If you would like more information about any of the items, please contact the office at 808-244-5555. All donations are tax deductible.

“Giving to our wish list has a direct and immediate impact on our mission. I am so grateful for the gifts helping us to provide better assistance for our patients and their families!”

Astrid Grupenhoff
ADVANCEMENT DIRECTOR



Greg LaGoy
Hospice Maui CEO

30 years as CEO

When I was hired there were seven employees. Today there are 70. Amidst decades of change, our board, staff, and volunteers have endeavored to sustain our core values: kindness, respect, compassion, and deep caring. Hospice is now “mainstream healthcare”, and our challenge is to preserve these values at the bedside in the midst of professional and regulatory demands.

My successes with this have been more from what I have avoided doing than from what I have done: I have found that those who are drawn to Hospice Maui tend to be particularly dedicated people who feel greatly rewarded by putting kindness, respect, compassion, and deep caring into their work. My job has always been primarily providing support so that they can do their best. That means staying out of their way, and not translating my concerns into nitpicking how they are doing their jobs.

**I am grateful for
all staff, Board
of Directors,
volunteers
and community
members who
have contributed
to this success!**

I have enjoyed both the challenges and the freedom that I have had in this position, and I look forward to continuing in this role as long as I can contribute to the success of Hospice Maui.

Mahalo!



Hale Blessing with Kumu Kimokea
December 2016

Providing Support for Hospice Maui Patient Needs

In our Hospice Maui Hale, the Kokua Fund allows us to help individuals of the Maui community with limited financial resources that are extremely ill and in need of 24/7 care that cannot be provided in the home setting. Alleviating the stress of the financial burden at this vulnerable time allows individuals and their families to focus on spending quality time with their loved ones.

Hospice Maui is committed to serve our patients and families in the setting of their choice. Sometimes caregiving assistance at home is needed beyond what family members, friends, and hospice services can provide. If hiring a paid caregiver is more than they can afford, our Hospice Maui Kokua Fund can make that possible.

The Hospice Maui Kokua Fund also provides financial support for patient specific needs, such as offsetting the cost of higher electric bills due to an oxygen concentrator, or travel assistance for a family member to see the patient for one last time.

**Thank you for making a
difference by supporting our
Kokua Fund.**

If you have questions or would like to learn more about the Kokua Fund, please call Greg LaGoy or Astrid Grupenhoff at 244-5555.

Hospice Maui gave us a second lifetime with my mom

My mom very much enjoyed a lighthearted conversation. She loved words; the variety of them, and their playfulness. Mom had a dry sense of humor. Happily, she was able to be herself until her last breath.

Mom was also not afraid to die. One year ago, at the age of 90, she informed me that she felt as though an elephant was sitting on her chest. We both knew she was having a heart attack. She told me that she was ready to die and did not want to be taken to the hospital. I honored her wish and we sat together for a day and a night. The next morning I talked her into letting me take her to the hospital. Staff informed mom



that she had had a massive heart attack and they advised her into checking into the hospital. By now it had been more than 2 days and the damage to a 90-year-old heart was both substantial and irreversible. I mentioned hospice and the doctor knew who to call, Hospice Maui. That is when mom was able to get back on track. Her track. Her style, her way.

Jennifer, RN from Hospice Maui, arrived in no time and began talking with mom who was now sitting up in bed smiling, animated and delighted. Hospice Maui also told me that a special bed, oxygen and anything else mom needed would be delivered and ready for her when she returned home the next morning. **Everything would be taken care of, at no expense. And that is exactly what happened.** From that moment on a stream of some of the loveliest people in the world came through our home and filled it with **kindness.** Everyone was warm, gentle and professional. Mom was treated like a queen. I was counseled and given the tools to take care of my mother so that she could remain present, and maintain her dignity, while being as comfortable as possible. I was asked questions about my mom: who was she and what was her life like? They also wanted to know how I was doing.

Pat Housman 'Ohana

They gave me their phone numbers and said that I could call them about anything any time of day or night.

I think of the next 12 days as a second lifetime with my mom. We listened to music and we talked about anything she was curious about: places she'd been, people she once knew. Mom was funny and clever and smart, and she was proud that her mind was still working. She was barely eating or drinking. We laughed and we cried together. I had finally accepted that she was old. I could sit with her and let her be exactly who she was. Love her for exactly who she was. We told each other "I love you" every hour when I kissed her forehead or brushed her hair. And, my daughter Lily joined us from NYC with stories to share.



The days had been cold and rainy, but February 3rd the sun came out. I opened the window to mom's room because the mockingbird was back to singing on the roof across the yard. Mom was sleeping more and more, but she was still herself. I sat in a chair in the living room, with a view of her bed through the door, while Lily told me that

she had brushed grandma's hair and then massaged her arms, hands, legs and feet. Fifteen minutes went by and I noticed that mom hadn't moved. I knew she was gone.

Lily and I stood by her bed and stared at each other in disbelief. She was ours and we couldn't bear the thought of her being taken away. Then we started cleaning up and covered her with flowers from the yard. Then we sat next to her bed and sang songs to her. I called Hospice Maui and spoke with a dear nurse who knew us well by then. She came over and washed mom before leaving her with us. Mother, daughter, and granddaughter together for one last night.



“Mom was treated like a queen. I was counseled and given the tools to take care of my mother so that she could remain present, and maintain her dignity, while being as comfortable as possible.”



Compassionate Hospice Care

We believe that at the end of our lives we are entitled to care that relieves pain and other symptoms.

We each deserve to be cared for by those who understand the emotional and spiritual needs of the dying. We deserve the opportunity to express our hopes and fears, and to be heard, honored, and supported; and we are each entitled to live our last months and weeks in the setting of our choice, treated according to our beliefs and values.

Hospice Maui Hale

Many families have the need for 24-hour care near the end of life of a loved one. Our five-bedroom hale provides a homelike residence that offers a beautiful balance between privacy and community living, when spending their last days at home is not an option.

Bereavement Support

Hospice Maui offers free bereavement support to family members for at least a year after their loved one dies on our service. Those support services include periodic phone calls, personal letters, specialized newsletters, and group events. In addition, we provide to the general public weekly grief support groups facilitated by licensed professional counselors.

We also offer special grief workshops, community education and services, an annual Holiday Open House, and an annual Memorial Day Service.



Hospice Maui Outreach Team
Tanya Barbero and Laura Miner

Community Outreach

For nearly 40 years, we have enriched Maui's Community by:

- Investing in relationships with other healthcare professionals and organizations to better serve those who are seriously ill.
- Providing education and in-service training on topics surrounding caregiver resources, healthcare decision making, grief counseling, and end-of-life care issues.
- Engaging community members at our information booths at health fairs and other community events.
- Establishing trust and collaboration with physicians and families.

Hospice Maui's Outreach Team is available to organize talks and/or training on:

- Advanced Care Directives
- Health of our Aging Population
- Caregiving
- Hospice Care
- Palliative Care
- Grief
- Care for the Dying

Volunteer Class of 2019



Our volunteers are an integral part of all that we do.

Our volunteers serve with their hearts. Patient care volunteers provide compassion and companionship to patients, and often are able to give family members a much needed break. Some volunteers also offer: Pet Therapy, Music Therapy, light massage, help with household errands, in addition to other things that support the patient and family. If you are feeling called to be of service with our patients and families in the Maui community, our training (September 2020) is a unique opportunity not just to learn about being with the dying, but also to look deeply within and learn more about ourselves.

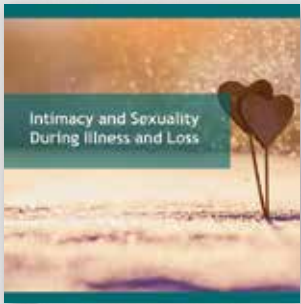
To learn more about our volunteer program or to apply for our Volunteer Training, please visit HospiceMaui.org/volunteer or contact our Volunteer Coordinator Sara at **808-244-5555**



Mahalo to the Kaunoa Senior Center's Civic Adventure group!

They assembled 175 lavender boxes and 100 bereavement mailings for Hospice Maui! We had the opportunity to share our different volunteer opportunities, conducting a tour through our Hale and a talk-story session exploring different cultural beliefs about death and dying and grieving.





Hospice Foundation of America Educational Program 2020

Living with Grief: *Intimacy and Sexuality During Illness and Loss*

In this Living with Grief® 2020 program, Hospice Foundation of America will identify barriers to intimacy and sexuality for terminally-ill persons and the bereaved. The program will emphasize the knowledge and skills that professionals must have to sensitively address intimacy and sexuality and suggest interventions that can help dying and bereaved persons address these elemental human needs.

June 2020 TBA • 8:30 - 11 am

FOR MORE INFORMATION CONTACT:
Joyce Lechuga
jlechuga@hospicemaui.org
or 244-5555.



Charity Walk

An opportunity to show support and spread the word about Hospice Maui. All funds raised are matched which results in a larger impact.

Saturday, May 9 • 7 am

War Memorial Soccer Field

FOR MORE INFORMATION CONTACT:
Angela Domingo
adomingo@hospicemaui.org
244-5555.

Participants and donors can register, fundraise, and donate at:

<https://app.mobilecause.com/vf/Maui/team/HospiceMaui>
or simply text keyword **Maui63** to **71777**

Hospice Maui Memorial Day

An Interfaith Memorial Service for families who have lost a loved one. Together, we will remember them as we share our support for each other with music, readings, poems, reciting your loved one's name, dove release, and light refreshments.



Monday, May 25, 2020 • 9 am

FOR MORE INFORMATION CONTACT:
Joyce Lechuga
jlechuga@hospicemaui.org
or 244-5555.

PLEASE GO TO
HospiceMaui.org
for more information
and a convenient way
to help support us

EMAIL US AT
agrupenhoff@hospicemaui.org
if you wish to be
contacted by email only



HOSPICE MAUI

400 Mahalani Street

Wailuku, HI 96793



WE HONOR VETERANS



HOSPICE MAUI

OUR MISSION

Founded nearly 40 years ago on Maui, we are stewards of a sacred trust:

To provide the highest level of professional, ethical, culturally appropriate, and deeply compassionate care to our diverse community.

Legacy Hospices

You can trust in Hawaii's first locally run, non-profit hospices.

Over the years we have demonstrated exceptional care for patients, and a deep understanding of our diverse communities:

- Navian Hawaii
- Hospice Maui
- Care Choices Hawaii
- Hospice of Kona
- Kauai Hospice
- North Hawaii Hospice
- St. Francis Hospice

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