



Executive Director Greg LaGoy, N.D.

## Executive Director's Corner

As I mentioned in last Spring's newsletter, this is our 25th anniversary year. Much has happened over those twenty-five years, and there was also a lot that went on before the date of our incorporation — the initial coming together of people interested in the formation of the organization was in 1978. Last year Jill Engledow authored a comprehensive history of our organization entitled "Hospice Maui: A History of Caring." It is 37 pages long and includes many photos. It was initiated and supported by Rev. Heather Mueller-Fitch of St. John's Episcopal Church in Keokea, and Louise Corpuz, both long-time supporters of Hospice Maui. If you would like a copy, we have them for sale for \$5.

Our Clinical Director, Eve-lynn Civerolo RN, is just now finishing a year-long course with the Alaya Institute ([alayainstitute.org](http://alayainstitute.org)). The Institute was established in 2004 as a catalyst for individual and cultural change. Inspired by Buddhist tradition, it encourages the integration of the spiritual dimensions of living, dying, and transformation. It is an outgrowth of the Zen Hospice Project (ZHP) — nationally recognized as an innovative model in the movement to improve end-of life care. Alaya's Director and founder, Frank Ostaseski, helped form ZHP in 1987 and guided the program for 17 years.

Eve-lynn has been taking Alaya's End-of-Life Care Practitioner Program for the past year. The goal of the innovative training is to establish a national network of educators, advocates and guides for those facing life-threatening illness and for the individuals and systems that serve them. The faculty members are leading voices in re-visioning dying in America, and advocates for reclaiming the soul in caregiving and restoring a life-affirming and transformative relationship to dying. While Eve-lynn's tuition was largely provided by grants, her commitment to the course is shown by the fact that she has personally covered the cost of travel and accommodations for the eight trips to the mainland. I am confident that this intensive course will help in her role as an educator and ambassador with other health care organizations and providers on Maui.



News from Hospice Maui

FALL 2006



## 25 Years of Hospice History

The word hospice can be traced back to medieval times when it referred to a place of shelter and rest for weary or ill travelers on a long journey.

### The History of Hospice Maui

**1978:** Elizabeth Kubler-Ross holds a workshop on Maui and people become inspired to take action.

**1979:** A hospice steering committee meets and as a result Hospice Maui begins to form.



Volunteer Penny James and former Executive Director Charlotte Kuwanoe

**1980:** The McCoy Foundation gives a startup grant and Hospice Maui's first Executive Director, Charlotte Kuwanoe, is hired.

**1981:** Hospice Maui incorporates and files for IRS tax exempt status.

**1986:** Hospice Maui holds its first annu-



The unique Hospice Maui Lei t-shirt wears well on these fabulous friends of Hospice Maui. Back row, left to right: Ilona Briley, Lois Cummings, Cheryl Hamilton, Dee Walters, Kim Bode. Front row, left to right: Greg LaGoy, Eve-Lynn Civerolo, Susan Brown



Some of the Hospice Maui staff admire the new gate at the agency's office in Wailuku. Pictured are, front row, left to right: Sandy Vilorio, Edy Salinger, Kate Ezaki, Monica Bechert, Merlyn Hanada, Cindy Garcia and Kathy Reed-Kameda. Back Row, left to right: Mary Elkins, Donna Kroetsch, Luciana Hauen-Limkilde, Carolyn Richardson, Wiebke Nelson, Eve-lynn Civerolo, Anne Rowehl, Gitti Crespo and Greg LaGoy

al Fourth of July Fireworks Show as a fund raising event.

**1988:** A donor leaves a six-figure unrestricted gift that gives Hospice Maui more stability.

**1989:** Maui County grants Hospice Maui a 55-year lease on a vacant, 4-acre lot near Maui Memorial Hospital.

**1990:** Executive Director Charlotte Kuwanoe leaves and is replaced by Greg LaGoy.

**1991:** The developer of the Kea Lani Hotel in Wailea donates its sample suite which is then moved to Wailuku.

**1991:** Hospice Maui becomes Medicare Certified.

**1993:** The Hospice Maui staff moves from the old Maui News quonset hut into the newly donated building.

**1995:** A former volunteer leaves a large bequest designated for "capital improvement."

**1998:** The process begins to develop the first Strategic Plan in almost ten years.

**2000:** A new multi-room meeting facility is finished, dedicated and put into service.

**2003:** An unexpected bequest provides funds for many needed building and landscape improvements.



Fund raising: Carolyn Richardson, social worker, and former Hospice Maui staff members Linda Wasson RN and Susan Brown man a booth at the annual 4th of July Fireworks benefit for Hospice Maui.

**2006:** Numerous improvements completed including expansion of parking, a beautiful new driveway gate, and renovating and expanding the office.

What does not show up in our neat, bullet-point list, is the legacy of passion, compassion and caring left by the hearts and hands of those who formed and staffed and volunteered for all these years.

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# 25 Years of Hospice History —

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## Notable Events in Hospice History

**1963:** Dame Cicely Saunders, the physician who founded St. Christopher's, the first modern hospice, introduces the idea of specialized care for the dying to the United States during a 1963 visit to Yale University.

**1967:** The term hospice is first applied to specialized care for dying patients.

**1969:** Dr. Elisabeth Kubler-Ross' book, "On Death and Dying," is published. The book, based on more than 500 interviews with dying patients, identifies the five stages through which many terminally ill patients progress. In her book, Kubler-Ross makes a plea for home care as the alternative to treatment in an institutional setting, and argues that patients should have a choice and the ability to participate in the decisions that affect their destiny.



December 1983: Volunteers, board members and staff gathered at Charlotte Melrose's home for the annual holiday get together.

provide federal funds for hospice programs, but the legislation was not passed.

**1982:** Congress includes a provision to create a Medicare hospice benefit in the Tax Equity and Fiscal Responsibility Act of 1982, with a 1986 sunset provision.

**1993:** Hospice care is included as a nationally guaranteed benefit under President Clinton's health care reform proposal and becomes an accepted part of the health care continuum.

**1999:** The U.S. Postal Service issues a Hospice Care commemorative stamp.

**2004:** Dr. Elisabeth Kubler-Ross dies from natural causes.



Plumeria's, a consignment store in Kihei, benefited Hospice Maui. Standing from left: Jeanne Wellinger, former Hospice Maui Board Member & co-founder of Plumeria's; Former board member and volunteer Betty Mettenbrink; Hospice Maui Executive Director Greg LaGoy.

**1972:** Dr. Kubler-Ross testifies at the first national hearings on the subject of death with dignity, which are conducted by the U.S. Senate Special Committee on Aging.

**1974:** Senators Frank Church and Frank E. Moss introduce legislation that would

**1986:** The Medicare Hospice Benefit is made permanent by Congress and hospices are given a 10% increase in reimbursement rates, making hospice care available to terminally ill nursing home residents.

## DEVELOPMENT VOLUNTEERS NEEDED!

We're looking for volunteers who are specifically interested in helping the development side of Hospice Maui. Not only do we need volunteers to assist in developing and working on our own fundraisers, but also working at community events from which we benefit. We also need assistance in implementing and sustaining strong Hospice Maui T-Shirt and Gift Tag sales. If you're interested in our work from the development angle, please give Kathy a call at 244-5555 so we can put a great team together!



## HOSPICE MAUI STAFF

**EXECUTIVE DIRECTOR**  
Greg LaGoy, N.D.

**ADMINISTRATIVE ASSISTANT**  
Cindy Garcia

**BOOKKEEPING & BILLING**  
Wiebke Nelson

**CLINICAL DIRECTOR**  
Eve-Lynn Civerolo

**DEVELOPMENT DIRECTOR**  
Kathy Reed-Kameda

**HOSPICE NURSES**  
Luciana Hauen-Limkilde

Edy Salenger  
Sandy Viloria  
Gitti Crespo  
Kate Ezaki  
Mary Elkins  
Donna Kroetsch  
Monica Bechert

**HOSPICE SOCIAL WORKERS**  
Prem Dawson  
Merlyn Hanada  
JoAnna King

**MEDICAL DIRECTOR**  
Joseph Kamaka, M.D.

**ASSOCIATE MEDICAL DIRECTOR**  
William Adler, M.D.

**PSYCHOSOCIAL SERVICES COORDINATOR**  
Carolyn Richardson

**RECEPTIONIST**  
Kathy Smith

**SPIRITUAL CARE & BEREAVEMENT COORDINATOR & COUNSELOR**  
Prakash Mackay

**VOLUNTEER COORDINATOR**  
Anne Rowehl



## A News Attitude

Congratulations to **Prakash Mackay**, our spiritual care and bereavement coordinator/counselor. Prakash recently received his third degree black belt in Akido. He was also in Wales in late September and early October, teaching back-to-back classes in The Diamond Approach — he's a man of many talents ... A warm Maui aloha to newest hospice nurses, **Donna Kroetsch** and **Monika Bechert**. Donna arrived on Maui 20 years ago from her native Canada. She resides on the west side with her very handsome 13-year-old cat Romeo, eight chickens and two goats! Donna's hobbies include oil painting and restoration and



**Hospice Nurse Donna Kroetsch**

preservation of Hawaiian plants. She is a Board member of Maui Cultural Lands, Inc., a nonprofit organization whose mission is to stabilize, protect, and restore Hawaiian cultural resources. It is one of only a few land trust organizations on Maui that targets Hawaiian cultural lands along the coast and inland areas. Donna is also a nurse at Maui Memorial Medical Center Hospital in acute dialysis. She stated that "she feels grateful to have become a part of the hospice family and looks forward to learning all the skills and sensitivities shared by this incredibly competent staff."

Two weeks after Monika arrived on Maui in June 1971 she met her husband-to-be, Wayne, and they

married just four months later — what a good reason to make Maui your home! They are the proud parents of six children and have six



**Hospice Nurse Monika Bechert**

lively and lovely granddaughters. Monika was previously a Hospice Maui volunteer, and was pleased to join the staff on a part-time basis this year. She said she enjoys "serving patients and their families at this tender time in their lives, and loves the hospice staff." Monika continues to work at Maui Memorial Medical Center Hospital where's she been a nurse for the past 14 years. To relieve stress, Monika reads, listens to classical music and has fun with her granddaughters. It's great to have you aboard

Donna and Monika!



# Who's on Board?

The oldest of five children, Kealahou C. Alika was born on June 13, 1949 to Tsugio Kitsuki and Hazel Kaohoku'uwehilani Alika in Kealakekua, Kona, Hawai'i. He was raised by his maternal grandfather, Kaikano Alika, in the area known as Keauhou mauka, beginning at the age of three. By the time Rev. Alika began attending Kamehameha Schools—Kapalāma Campus on O'ahu in 1961, he had been legally adopted by his grandfather.

Following graduation from Kamehameha in 1967, Rev. Alika went on to receive an Associate of Arts Degree from Kapi'olani Community College, then transferred to what was then the University of Hawai'i at Hilo in 1972. In 1975 he received Bachelor of Arts degrees in both Sociology and in English. In the fall of that year Rev. Alika enrolled as a seminarian at the Pacific School of Religion in Berkeley, California. He received his Masters of Divinity Degree in 1979, then spent a few years working for the Pacific & Asian American Center for Theology & Strategies in Berkeley, and as an administrative



Hospice Board Member  
Rev. Kealahou C. Alika

associate for Mission & Evangelism and Racial Ethnic Ministries for the Presbytery of San Francisco.

Rev. Kealahou Alika was called to serve as the pastor of Keawala'i Congregational Church, United Church of Christ (USA) in Mākena in 1991, and Maui has been his home for the past 15 years. When asked what he loves most about his work, Rev. Alika stated "that it's the commitment we have made to unite our Christian faith and Hawaiian heritage. It is a commitment that is made by kama'āina and malihini alike. There is much more that may be said, but perhaps what bears repeating is the understanding that we

are committed to sharing God's aloha from generation to generation."

Rev. Alika, now in the fourth year as a member of the Board of Directors, has always been aware of the work of Hospice Maui through the annual Interfaith Celebration of Life held at the church every Memorial Day. The church was the site of the yearly gathering prior to his arrival in 1991, and he has helped continue what has essentially become a tradition for Hospice Maui and for the church. Rev. Alika said "inasmuch as the church is rooted in the early work of Protestant missionaries, it is important to me that there be occasions when we gather as an interfaith community. That we have been able to continue to serve the work of Hospice in this way is something I value very highly."

His hope for the future of Hospice is that it will continue to respond to those in need of this kind of care throughout Maui County, especially those in Hana and those on the island of Lāna'i. What makes the work of Hospice particularly significant to Rev. Alika is the variety of cultures that made Maui their

home. There is a diversity and richness to all of our traditions that he has come to appreciate more and more.

Rev. Alika lives in Wailuku and has eight fish in a ten-gallon aquarium that require his attention every day – he said that's about as much as he can manage for now! He is currently in the middle of remodeling his old plantation style home in Wailuku, and hopes to landscape the yard with Hawaiian plants native to the area once the remodel is complete.

Rev. Alika enjoys anything and everything Hawaiian, particularly mele, oli, hula and himeni. He studied hula for six years while living in Berkeley, California, with Māhealani Uchiyama and the Halau Hui Pā Hula O Leianuenue. From time to time he also enjoys quilting. Following the death of his mother in 1991, he found himself quilting over two dozen baby quilts that were given to members and friends of the Church.

A thoughtful, dedicated man of talent and introspection, Hospice Maui is humbled and proud to have Rev. Kealahou Alika as a member of the Board of Directors.



## HOSPICE MAUI BOARD OF DIRECTORS

**PRESIDENT**  
Karen Temple

**VICE PRESIDENT**  
Bill Keele

**SECRETARY**  
Betty Leis

**TREASURER**  
Mike Westfall

Rev. Kealahou Alika

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Sandy Freeman

Charlotte Fusato

Tom Jezierny, R.N.

Sol Kaho'ohalahala

Donna McCleary, M.D.

Jan Paney

Tom Schwab

## Volunteers Corner

Local girl Charlotte F. Flavin, a beloved Hospice Maui volunteer for 24 years (almost 25 now), is a St. Anthony High School graduate who left Maui following graduation. Twenty-one years later she returned, along with husband, Dan, and two young children, to help care for her parents.

As a nursing student in 1982, Charlotte was with a patient when the doctor informed him that he had a terminal illness with a prognosis of less than a year. By sharing his thoughts, feelings, regrets, fears and celebrations with Charlotte during the last stage of life, Charlotte came to the understanding that dying was a highly significant act of living. She then volunteered for hospice training to learn more, and to assist others – and herself – in the journey. As a result, Hospice Maui has benefited from many years of Charlotte's devotion to this journey.

Charlotte has had many memorable experiences while volunteering with hospice. Two which quickly came to mind are: Accompanying a very dear personal friend, his wife and family, through his diagnosis and stages of liberating himself, and; Being part of an extended Hawaiian ohana and close friend of the partner of a patient with AIDS, who



Hospice Volunteer Charlotte Flavin with her husband, Dan.

also suffered from debilitating dementia.

Husband Dan has been a helpmate to Charlotte through many "passages" in their shared life, and a challenger to her beliefs. Their two adult sons are both married. Jim and Adrianna live next door and they, along with their young son, Dominic, bring light and joy to the Flavin's days. John and Shannon, who live in Seattle, add a dimension of "reality checks" for them, and have accompanied them in their mission work to rural Nicaragua for a couple of years.

Charlotte stated that her philosophy of life is, "Though we are 'many' individuals, we are all part of the 'ONE.' Therefore, it is only reasonable to care for one another as we would care for ourselves." Well stated, Charlotte, and well done.

## Mahalos all around for a great



Presented by Dowling Company, Inc., "Tropical Exotica," our major fundraising event for 2006 was held on Saturday, May 27 at the fabulous Grand Wailea Resort Hotel & Spa.

Over 225 friends of hospice turned out to support the event and help celebrate the agency's 25th anniversary of service in the Maui community. Guests enjoyed a pre-dinner reception in the Haleakala Gardens, which also gave them an opportunity to bid on the many fine crafts, art, merchandise and jewelry, gift certificates and other great goodies from some of Maui's very best artists, jewelers and retailers.

The blessing was given by Reverend Kealahou Alika, Pastor of Keawala'i Congregational Church, and MC's Kathy Collins and Barry Shannon of Mana'o Radio kept the evening fun, fun-

ny and flowing. A marvelous Grand Wailea buffet was highlighted by the tropical and energetic entertainment of Maui Song and Dance, as well as live music by the Espresso Quartet, and fun and frivolity by The Inspirates. Joe Teipel, aka Surfer Joe, a one-man show on his own, was the awesome auctioneer who auctioned off the great Live Auction items, including the Piece de Resistance – an 1884 Antique Union League Pool Table generously donated by Terry Moore. The table was snapped up in quick order by one of Maui's most benevolent couples, Dorvin & Betty Leis.

Mahalo Pumehana: Dowling Company, Inc. for presenting the event. All table of ten and individual ticket purchasers, and all who made donations to support the event. All companies and individuals providing items for the auctions. All committee

heads and committee members. Kai Peyalo and Lynn Byard of The Grand Wailea Resort Hotel & Spa. Victoria Joyce and Joy Magarifuji of Musical Options. Terrie Eliker, graphic design and production. Maui Song and Dance, The Inspirates and Espresso Quartet. Angela Simmons of Deva Farms, and her hospice helpers, who created wonderful flower arrangements and centerpieces. Tihati Productions for providing floral arrangements for the buffet tables. Beth Mathias and Media Systems. Karl Hensel and Panache Productions for wall and stage décor. Bruce Sandler and Village Audio. Barrie Matthews & David Vanzo of David Vanzo Productions. Dawne Minford and The Maui News, and Sherrie Grimes and Pacific Radio Group. All the many individuals who worked so hard before and during the event!



## David Lee prints available for purchase

As Victoria Joyce (active volunteer and wife of our executive director Greg LaGoy), was poking around the Seabury Hall Art & Craft Fair this past spring, she spied some beautiful prints by renown artist David Lee. Lee is known primarily for water colors of nature scenes, and Victoria knew his paintings would be the perfect fit for the newly-painted walls and the ambience at the hospice office.

Almost before she could express her feeling about the art and the desire to discuss purchasing the prints, Lee's representative Dania Katz

said, "I want you to have these seven framed prints as a donation." At that point, Victoria had to sit down! Dania expressed her strong feelings about the work of Hospice Maui and how she was very happy to make the donation on behalf of David Lee. What a marvelous act of generosity.

Five pictures of different types of flowers, one of a river with boats, and the last one of a bird on a branch and a beautiful full moon, were promptly hung in our office, where they shed light, color, serenity and beauty in the newly-renovated rooms.

Shortly after this donation,

another surprise! Dania came to the office armed with a bevy of unframed prints of these same works. The Lee organization determined that these prints should also be donated. Again, pure generosity.

The prints are now for sale at \$45.00 each and all proceeds benefit Hospice Maui. Please, come in and look at them during working hours – Monday through Friday, 8:00 a.m. to 4:00 p.m. Choose one or several for your office, your home, gifts for family, friends, business associates.

Warmest mahalo to David Lee and Dania Katz for their overwhelming generosity.

# LEAVE A LEGACY™ MAUI

*A media and educational campaign to increase public awareness about the importance of charitable giving through wills or other estate gifts.*



Hospice Maui was just notified of a bequest that will be coming our way in the next few months. It was part of a revocable living trust set up by the donor in the middle 1980's, which we were not made aware of until the death of the donor. The interesting thing about this particular bequest is that, unlike some of the others we have received in which there were no living family members to inherit assets, there were several surviving family members who were named as beneficiaries, along with our organization. As anyone can imagine, bequests of large portions of assets to non-profits has the potential to cause some hard feelings among the heirs. But in this case, that will be very unlikely because Hospice Maui is to receive 15%. Such a small proportion of the estate is

usually very easy for family members to wholeheartedly accept, and yet is very meaningful to us, having a large impact on our ability to accomplish our mission. This is the sort of estate planning that seems to be win-win: It does not substantially reduce inheritances, while it does support essential community organizations in their work to improve the lives of so many people.



LEAVE A LEGACY™

– LEAVE A LEGACY™ MAUI –  
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Wailuku, HI 96793  
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*A Heartfelt*  
**mahalo.**

To Dowling Company, Inc.  
and everyone who made our  
Tropical Exotica event a success!  
See the story inside...

