

SPRING 2019

# *ho'oli'oli*

...to make comfortable

- Comfort and dignity for the seriously ill
- Assistance and peace of mind for their families
- Enhanced quality of life when time is limited



**HOSPICE MAUI**

Trusted by Physicians and Families on Maui for Over 35 Years



'Ohana

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Fellow Board  
Members  
Edith Kapiko (left)  
and Anne Rowehl

I began working as a nurse for Hospice Maui in 1997, after being a Labor & Delivery nurse for most of my career. I quickly came to see what an amazing organization Hospice Maui is, with staff who care for our patients not only with expertise, but with deep compassion.

Though the field was new to me, the opportunity to care for folks facing the end of life felt like a nice balance to all my years of working with mothers and newborns, at the other end of the circle of life.

My memories of our patients will remain with me forever. Here's one story of many I could tell. I cared for a patient whose last wish was to travel with his family one last time. I thought, why not? And so I ran the idea by his doctor and she gave her permission. The trip took a lot of planning, but before long, our patient was on a plane. What a difference this trip made to him and his family! He died peacefully, surrounded by his loved ones. This was just one of many examples of the kind of *living while dying* that Hospice Maui makes possible.

Hospice work is very special ... undeniably sad, but also uplifting and inspiring. I'm sure that's why it took three tries for me to finally retire! Now I serve as a volunteer and a member of the board of directors, doing what I can to stay in touch with this very important work.

Anne Rowehl  
BOARD OF DIRECTORS

Advancement Director, Astrid Grupenhoff showing Anne Rowehl our artwork made up of magnetic personalized messages that become a collaborative frame. Our Hale families are invited to write on the magnets and at the one year anniversary of the death of their family member, the magnet is mailed to them as a memorial keepsake.



Artwork by Sherri Reeve





The Dobashi 'Ohana • Jeremy, Harry and Nancy

“We believe that our on-going, periodic, large donations of money to Hospice Maui, will help to further develop the capital structure of Hospice Maui, so as to greatly increase the organization’s capabilities to serve a growing population on the island. Maui No Ka Oi!”

The Dobashi family annually contributes to our wish list. Harry’s employer – Capital Group Co. – matches their gift. MAHALO!

Our wish list includes program support and items that we would love to have, but don’t have the financial means to purchase. Here is a selection:

### Patient and Family Support

- Complementary Medicine Fund of \$5,000 for acupuncture and other integrated therapies (*please see page 5*)
- \$500 toward Funeral Support Fund of \$7,500 for assistance with cremation expense
- \$100-\$25,000 toward the Hospice Maui Kokua Fund for those needing extra caregiving without the ability to pay

### Staff Support

- \$31,500 for 30 laptops and 12 tablets (compatible with new electronic medical record system) for nurses and aides

### Campus Improvements

- \$5,000 Landscaping and irrigation installation at Hospice Maui Hale

Please take a look at [HospiceMaui.org](http://HospiceMaui.org) for the complete list and see if there is something you would like to contribute. If you would like more information about any of the items, please contact the office at 808-244-5555. All donations are tax deductible.

“Giving to our wish list has a direct and immediate impact on our mission. I am so grateful for the received gifts helping us to provide better assistance for our patients and their families!”

Astrid Grupenhoff  
ADVANCEMENT DIRECTOR



This past January marked ten years that our Medical Director, Dr. Nancy Long, has been with Hospice Maui. Her journey with us began when we sent out 3,000 letters to hospice physicians across the country. When our letter arrived in her mailbox in Rhode Island, she was coincidentally vacationing on Maui. Dr. Nancy joined our organization and team of 24 mostly part time staff members, a patient census of 15, a nearly 30 year legacy of serving this community, and a plan to build Maui's first inpatient Hospice Hale.



Dr. Nancy and longtime Patient Care Coordinator Luciana


During her 10 years, we admitted over 3,000 people, and our hospice program has grown five-fold. Our staff of 65 is now taking care of over 80 patients daily, and our five-bed Hospice Hale serves as a shining example of hospice care. Dr. Nancy has set the highest standard for a hospice physician, overseeing and participating in the compassionate and professional care given



Ōhi'a Lehua tree blessing

to every hospice patient, standing strong with caring support for the nursing and social services staff, by dedicating herself daily to the wellbeing of Hospice Maui as a vital part of health care on this island. In short, her service to this organization and to our community has been nothing short of exemplary. We wish her well in her new position as Medical Director of Kauai Hospice.





Beloved  
Dr. Nancy  
Long's  
Wish for  
Hospice  
Maui

As a parting gift, she is asking the Maui community and Hospice Maui 'Ohana for financial support in establishing a fund for Complementary Medicine. Many of our patients find benefit in acupuncture and other integrated therapies, and while there are practitioners volunteering their time, helping with their travel and supplies expenses is what is needed to help make this new service sustainable.

Please join us in honoring and acknowledging Dr. Nancy's service at Hospice Maui by making a gift to this fund.

If you have questions or would like to learn more about the Complementary Medicine Fund, please call Astrid Grupenhoff at 244-5555.

Complementary  
Medicine Fund

Thank you  
for making a  
difference!



Papa Oly's 'ohana is a large family with over 40 descendants on Maui and a lifetime collection of friends. When it became evident that Papa was going to succumb to complications from pneumonia, we transferred him from the hospital to Hospice Maui Hale. **Hospice Maui Hale is a beautiful, calm, and peaceful facility.** It was a wonderful place for our family to meet, eat, play music and be with Dad for his final few days. The Hale was open for us 24 hours/day. A place where everyone was able to say their final goodbyes. We were all impressed with the kindness of the staff and volunteers, and Dad was able to maintain his dignity in a loving and caring place. Dr. Nancy Long was available whenever needed and she explained everything that was happening, allaying our fears.



Hospice Maui Hale embodies exceptional professionalism with heartfelt compassion.

In Memory

6





When this photo was taken, Dad had opened his eyes for what turned out to be the last time. He weakly squeezed the hands that were holding them. Dad was surrounded with loving family who filled the room to overflowing. Pure love was there with Dad.

Dad's transition would have been so much harder for us without Hospice Maui. We are all extremely grateful to Hospice Maui for blessing our island with people and a facility to serve the community so effectively during a most difficult time.

“Pure  
love  
was  
there  
with  
Dad.”

**Bruce Olsten**

PAPA OLY'S SON



### **Compassionate Hospice Care**

We believe that at the end of our lives we are entitled to care that relieves pain and other symptoms.

We each deserve to be cared for by those who understand the emotional and spiritual needs of the dying. We deserve the opportunity to express our hopes and fears, and to be heard, honored, and supported; and we are each entitled to live our last months and weeks in the setting of our choice, treated according to our beliefs and values.

### **Hospice Maui Hale**

Many families have the need for 24-hour care near the end of life of a loved one. Our five-bedroom hale provides a homelike residence that offers a beautiful balance between privacy and community living, when spending their last days at home is not an option.

### **Community Life**

#### **Hospice Maui enriches the Maui Community**

- by investing in relationships with other healthcare professionals and organizations to better serve those who are seriously ill.
- by providing education and in-service training on topics surrounding caregiver resources, healthcare decision making, grief and loss, and end-of-life care issues.
- by engaging community members at various community events.



# Bereavement Support



*(L-R Top Row)*  
Joyce Lechuga, RN, MS, MFC  
Evelyn Billington, Ph.D.  
Edy Salenger, RN, CHPN  
Karima Morgan, MA

*(Front Row)*  
Angie Krey, LMFT  
Prakash Mackay, MA  
Michelle Davenport, LMFT, CGP

## Bereavement Support

“At Hospice Maui we value and embrace the process of grief and are here to listen, support and provide professional guidance to navigate through grief.”

— Joyce Lechuga, Bereavement Counselor

Every difficult journey seems more manageable when you don't have to travel alone. Hospice Maui offers bereavement support as a community service. Our support services for family members include periodic phone calls, personal letters, specialized newsletters, and group events.

In addition, we provide weekly grief support groups to the general public, facilitated by licensed professional counselors.

The HEAL (Helping Ease a Loss) grief support group provides an opportunity to share experiences and feelings regarding the death of a loved one and to listen to and learn from others.

PLEASE CONTACT

Joyce Lechuga at  
808-244-5555 or  
[jlechuga@hospicemaui.org](mailto:jlechuga@hospicemaui.org)

### HEAL Groups

at Hospice Maui  
400 Mahalani Street • Wailuku  
Alternating each week,  
Tue. 3:00pm – 4:30pm or  
Wed. 6:00pm – 7:30pm  
(Please see [hospicemaui.org/events](http://hospicemaui.org/events)  
for specific dates.)

When one experiences the loss of a loved one, it can shatter one's life and bring pain, confusion and a loss of direction.

What was once known is often now unknown.

Our volunteers  
Gail and Rocco



To learn more about our volunteer program or to apply for our Volunteer Training, please visit [HospiceMaui.org/volunteer](https://HospiceMaui.org/volunteer) or contact our Volunteer Coordinator Sara at **808-244-5555**



Christine and her pony Pono:  
“Hospice Maui is absolutely full of true angels. Everyone I met there was so beautiful, welcoming, and kind. It is my dream to be able to visit on a very regular basis.”

### Our volunteers

are an integral part of all that we do. Our volunteers serve with their hearts. Patient care volunteers provide compassion and companionship to patients, and often are able to give family members a much needed break. Some volunteers also offer: Pet Therapy, Music Therapy, light massage, help with household errands, in addition to other things that support the patient and family.

Mahalo to our volunteer angels!





## **HFA (Hospice Foundation of America) Educational Program 2019**

### **Living with Grief/ Aging America: Coping with Loss, Dying, and Death in Later Life**

America is aging at a rapid rate with 10,000 people in the U.S. turning 65 every day. Medicare is expected to include 80 million enrollees by 2040. The vast majority of this growing population will likely face multiple losses—spouse, partner, independence, identity—and complex medical care needs.

**June 2019 TBA • 8:30 - 11 am**

**Hospice Maui  
400 Mahalani Street, Wailuku**

**FOR MORE INFORMATION CONTACT:**

**Joyce Lechuga  
jlechuga@hospicemaui.org  
or 244-5555.**



## **Charity Walk**

An opportunity to show support and spread the word about Hospice Maui. All funds raised are matched which results in a larger impact.

**Saturday, May 11 • 7 am**

**War Memorial Soccer Field**

**FOR MORE INFORMATION**

**CONTACT:**

**Angela Domingo  
244-5555.**

Participants and donors can register, fundraise, and donate at:

<https://app.mobilecause.com/vf/Maui/team/HospiceMaui>  
or simply text keyword **Maui63** to **71777**

## **Hospice Maui Memorial Day**

An Interfaith Memorial Service for families who have lost a loved one. Together, we will remember them as we share our support for each other with music, readings, poems, reciting your loved one's name, dove release, and light refreshments.



**Monday, May 27, 2019 • 9 am**

**Keawala'i Congregational  
Church, Makena**

**FOR MORE INFORMATION CONTACT:**

**Joyce Lechuga  
jlechuga@hospicemaui.org  
or 244-5555.**

PLEASE GO TO  
**HospiceMaui.org**  
for more information  
and a convenient way  
to help support us

EMAIL US AT  
**agrupenhoff@  
hospicemaui.org**  
if you wish to be  
contacted by email only



HOSPICE MAUI

400 Mahalani Street

Wailuku, HI 96793

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WE HONOR VETERANS

## OUR MISSION



HOSPICE MAUI

Founded over 35 years ago on Maui,

we are stewards of

a sacred trust:

To provide the highest level of

professional, ethical,

culturally appropriate, and

deeply compassionate care

to our diverse community.

### Legacy Hospices

You can trust in Hawaii's first locally run, non-profit hospices.

Through many years we have demonstrated exceptional care for patients, and a deep understanding of our diverse communities:

- Hospice Hawaii
- Hospice Maui
- Care Choices Hawaii
- Hospice of Kona
- Kauai Hospice
- North Hawaii Hospice
- St. Francis Hospice

808-244-5555  
HospiceMaui.org